

Want to Save Money? Skip Single Serving Foods!



Quick Oats
instead of
Instant Oatmeal

You Save
\$2.41

Quick Oats..... \$3.59/30 servings
Instant Oatmeal \$6.00/30 servings



100% Apple Juice
instead of
100% Apple Juice Boxes

You Save
\$1.25

64 oz. bottle \$3.00/9.5 servings
Juice Boxes..... \$4.25/9.5 servings



Instant Pudding
instead of
Pudding Snack Pack

You Save
\$.60

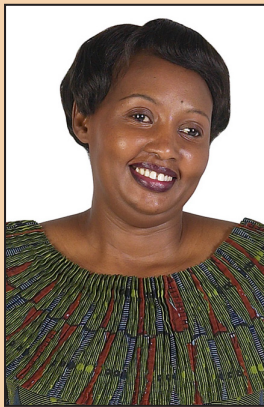
Instant Pudding* \$2.09/6 servings
Snack..... \$2.69/6 servings
*Includes cost of milk



Chunk Mozzarella Cheese
instead of
Mozzarella String Cheese

You Save
\$.65

Chunk..... \$3.99/16 servings
String Cheese..... \$4.64/16 servings



I am going to use small reusable containers to pack snacks for our lunches instead of buying single serving foods. I am trying to save money at the grocery store and this is something I can easily do that won't change what we eat.

Wow, we eat oatmeal almost everyday. Our family can save a lot of money if we buy Quick Oats and add raisins and brown sugar instead of using instant oatmeal packets.

I am amazed at how much money I could save if I stopped buying single serving foods. It is not hard to divide food into small containers and it is something I can do.

